



BREAKFAST

ADULT MEAL: \$3/Breakfast

OCTOBER 2022

BENNETT VALLEY UNION SCHOOL DISTRICT

ALL STUDENT MEALS
ARE FREE FOR THE
'22-'23 SCHOOL YEAR

Monday	Tuesday	Wednesday	Thursday	Friday
Benefit Bar ³ Assorted Cereal	Mini Breakfast Muffin ⁴ Assorted Cereal	Mini Cinni ⁵ Assorted Cereal	Goody Bun ⁶ Assorted Cereal	Buttermilk Bar ⁷ Assorted Cereal
Mini Breakfast Muffin ¹⁰ Assorted Cereal	Concha ¹¹ Assorted Cereal	Bagel w/ Cream Cheese ¹² Assorted Cereal	Benefit Bar ¹³ Assorted Cereal	Yogurt & Grahams ¹⁴ Assorted Cereal
Concha ¹⁷ Assorted Cereal	Breakfast Muffin ¹⁸ Assorted Cereal	Mini Breakfast Bites ¹⁹ Assorted Cereal	Cinnamon Roll ²⁰ Assorted Cereal	Buttermilk Bar ²¹ Assorted Cereal
Banana Loaf ²⁴ Assorted Cereal	Breakfast Muffin ²⁵ Assorted Cereal	Mini Bagel w/ Cream Cheese ²⁶ Assorted Cereal	Breakfast Bar ²⁷ Assorted Cereal	Concha ²⁸ Assorted Cereal
Crumb Cake ³¹ Assorted Cereal				

WE OFFER FAT FREE CHOC.MILK & 1% MILK WITH EACH MEAL. SELECT HALF CUP OF FRUIT, VEGGIE OR MORE.
 EACH STUDENT IS ENTITLED TO ONE LUNCH EACH DAY. MENU IS SUBJECT TO CHANGE.
 ANY QUESTIONS? CALL RVUSD FOOD SERVICE DEPARTMENT AT (707)308-3643
 THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.



We are still accepting online applications. Please visit www.myschoolapps.com