

**BREAKFAST**

ADULT MENU: \$3/Breakfast

**SEPTEMBER 2022**  
**BENNETT VALLEY SCHOOL DISTRICT**

ALL STUDENTS MEALS  
 ARE FREE FOR THE  
 '22-'23 SCHOOL YEAR

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



**LABOR DAY**

**5**

**NO SCHOOL**

**Breakfast Bites**

**6**

**Assorted Cereal**

**Pineapple Loaf**

**7**

**Assorted Cereal**

**Breakfast Muffin**

**1**

**Assorted Cereal**

**Banana Bread**

**2**

**Assorted Cereal**

**LABOR DAY**

**5**

**NO SCHOOL**

**Breakfast Bites**

**6**

**Assorted Cereal**

**Pineapple Loaf**

**7**

**Assorted Cereal**

**Breakfast Muffin**

**1**

**Assorted Cereal**

**Banana Bread**

**2**

**Assorted Cereal**

**Breakfast Bun**

**12**

**Assorted Cereal**

**Berry French  
Toast**

**13**

**Assorted Cereal**

**Cinnamon  
Crumble Loaf**

**14**

**Assorted Cereal**

**Cinnamon Roll**

**15**

**Assorted Cereal**

**Breakfast Muffin**

**16**

**Assorted Cereal**

**Buttermilk Bar**

**19**

**Assorted Cereal**

**Breakfast Bites**

**20**

**Assorted Cereal**

**Pineapple Loaf**

**21**

**Assorted Cereal**

**Cinnamon Roll**

**22**

**Assorted Cereal**

**Breakfast Muffin**

**23**

**Assorted Cereal**

**Breakfast Bun**

**26**

**Assorted Cereal**

**Berry French  
Toast**

**27**

**Assorted Cereal**

**Cinnamon  
Crumble Loaf**

**28**

**Assorted Cereal**

**Cinnamon Roll**

**29**

**Assorted Cereal**

**Breakfast Muffin**

**30**

**Assorted Cereal**

WE OFFER FAT FREE CHOC.MILK & 1% MILK WITH EACH MEAL. SELECT HALF CUP OF FRUIT, VEGGIE OR MORE.

EACH STUDENT IS ENTITLED TO ONE LUNCH EACH DAY. MENU IS SUBJECT TO CHANGE.

ANY QUESTIONS? CALL RVUSD FOOD SERVICE DEPARTMENT AT (707)308-3643

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.



We are still accepting online applications. Please visit [www.myschoolapps.com](http://www.myschoolapps.com)