



ADULT MEAL: \$5/ Lunch

AUGUST 2022

BENNETT VALLEY SCHOOL DISTRICT

ALL STUDENT MEALS
ARE FREE THE
'22-'23 SCHOOL YEAR

Monday

Tuesday

Wednesday

Thursday

Friday

1

2

3

4

5

8

9

10

11

12

Chicken Taquito
w/ Spanish Rice

15

Spaghetti
w/ Meatballs & Roll

16

Ham/Cheeseburger

17

Corn Dog
Grilled Cheese (V)

18

Pepperoni Pizza
Cheese Pizza (V)

19

Quesadilla (V)
w/ Spanish Rice

Spaghetti w/ Marinara &
Roll (V)

Sunbutter & Jelly
Sandwich (V)

Yogurt Parfait (V)

Cheese Pizza (V)

Chicken Tamale

22

Hot Dog
w/ Tater Tots

23

Beef Soft Taco
w/ Spanish Rice

24

Hot Ham & Cheese
Sandwich

25

Breakfast for Lunch

26

Cheese Tamale (V)

Mac & Cheese
w/ Roll (V)

Bean & Cheese Burrito w/
Spanish Rice (V)

Mini Bagel
w/ Yogurt (V)

Mini Waffles
Turkey Sausage Link

Protein Pack (V)

Grilled Cheese
w/ Tater Tots(V)

29

Rib-B-Que Sandwich

30

Corn Dog
w/ Tater Tots

31

Sunbutter & Jelly
Sandwich (V)

Caesar Salad (V)

Cold Deli Sandwich

WE OFFER FAT FREE CHOC.MILK & 1% MILK WITH EACH MEAL. SELECT HALF CUP OF FRUIT, VEGGIE OR MORE.

EACH STUDENT IS ENTITLED TO ONE LUNCH EACH DAY. MENU IS SUBJECT TO CHANGE.

ANY QUESTIONS? CALL RVUSD FOOD SERVICE DEPARTMENT AT (707)308-3643

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