

# AUGUST LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

X

X

- baked mac & cheese w/ chicken sausage
- honey mustard chicken wrap
- baby carrots

- pasta w/ zesty beef
- cheddar cheese sandwich w/ carrots (VG)
- green peas

- revolution all beef hot dog (DF)
- sunny sandwich kit: sunbutter & jelly w/ sliced bread & celery (VG)
- steamed corn

- bean & cheese pupusa (VG)
- mighty meaty deli combo sandwich w/ carrots
- coleslaw

- breakfast for lunch: pancakes w/ omelet (VG)
- turkey & cheddar sandwich w/ carrots
- steamed carrots

- bbq chicken plate
- honey mustard chicken wrap
- chili citrus black beans & corn

- flame broiled beef cheeseburger
- chicken caesar salad
- chopped lettuce & sliced tomatoes w/ ranch

- sloppy joe (DF)
- cheddar cheese sandwich w/ carrots (VG)
- steamed carrots

- chicken enchiladas
- southwest veggie wrap w/ carrots (VG)
- sliced cucumbers

- cheese pizza (VG)
- turkey & cheddar sandwich w/ carrots
- carrots, corn & peas

- mighty meaty deli combo sandwich w/ carrots
- veggie chef's salad (VG)
- pinto beans

- classic spaghetti & meatballs (DF)
- sunny sandwich kit: sunbutter & jelly w/ sliced bread & celery (VG)
- chopped lettuce & sliced tomatoes w/ ranch

**Lunch:** choice of 1% or fat-free milk; fresh fruit available daily.

**Dairy-free (DF) and vegetarian (V)** options available daily – if not listed on the menu, available upon request.

○ **Vegetable** of the day

○ Menu subject to change

This institution is an equal opportunity provider.

All grains offered are whole-grain rich.