

OCTOBER LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <ul style="list-style-type: none"> flame broiled cheeseburger mighty meaty deli combo coleslaw 	<p>2</p> <ul style="list-style-type: none"> cheese pizza (vg) chicken salad sandwich (df) baby carrots 	<p>3</p> <ul style="list-style-type: none"> chicken bites ham & cheese sandwich broccoli w/ ranch 	<p>4</p> <ul style="list-style-type: none"> mac & cheese w/ bbq chicken cheddar cheese sandwich (vg) chili citrus corn 	<p>5</p> <ul style="list-style-type: none"> pancakes w/ omelet (vg) sunny sandwich kit (vg) pinto beans and broccoli
<p>8</p> <ul style="list-style-type: none"> cheesy pizza bites (vg) garden ranch salad w/ chicken broccoli & carrot salad 	<p>9</p> <ul style="list-style-type: none"> fiesta scoops w/ three layer dip (vg) turkey & cheddar sandwich island glazed carrots 	<p>10</p> <ul style="list-style-type: none"> bean & cheese quesadilla (vg) honey mustard salad w/grilled chicken steamed corn 	<p>11</p> <ul style="list-style-type: none"> chili citrus drumstick w/ rice (df) honey mustard chicken wrap green beans w/ ranch 	<p>12</p> <ul style="list-style-type: none"> creamy pasta alfredo (vg) mighty meaty deli combo baby carrots & edamame
<p>15</p> <ul style="list-style-type: none"> flame broiled cheeseburger chicken caesar salad broccoli w/ ranch 	<p>16</p> <ul style="list-style-type: none"> pancakes w/ sausage sesame chicken wrap (df) grape tomatoes & black beans 	<p>17</p> <ul style="list-style-type: none"> chicken bites mighty meaty deli combo glazed carrots 	<p>18</p> <ul style="list-style-type: none"> hot dog (df) sunny sandwich kit (vg) cucumber & tomato salad 	<p>19</p> <p>No School</p>
<p>22</p> <ul style="list-style-type: none"> spaghetti & meatballs (df) bbq chicken wrap green beans 	<p>23</p> <ul style="list-style-type: none"> bbq chicken wrap w/ cheesy rice chicken salad sandwich (df) pinto beans & broccoli 	<p>24</p> <ul style="list-style-type: none"> flame broiled cheeseburger cheddar cheese sandwich (vg) chopped lettuce & sliced tomatoes w/ ranch 	<p>25</p> <ul style="list-style-type: none"> baked mac & cheese w/ bbq baked beans (vg) ham & cheese sandwich steamed corn 	<p>26</p> <ul style="list-style-type: none"> chicken bites turkey & cheddar sandwich island glazed carrots
<p>29</p> <ul style="list-style-type: none"> crispy chicken sandwich (df) cheddar cheese sandwich (vg) baby carrots 	<p>30</p> <ul style="list-style-type: none"> hot dog (df) veggie taco salad (vg) broccoli & carrot salad 	<p>31</p> <ul style="list-style-type: none"> cheese pizza (vg) chicken salad sandwich (df) green beans w/ ranch 		

CELEBRATE NATIONAL SCHOOL LUNCH WEEK!

October 15-19 is National School Lunch Week – what do **you** love most about school lunch? Is it trying new food? Getting to share a meal with friends?



Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (df) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

- Vegetable of the day
- Menu subject to change